

Twin Palms Times

301 N. Galloway Rd., Lakeland, FL 33815 | (863) 686-8404

September 2025



Twin Palms is the place to get fit!

September Highlights

- 1Labor Day
- 3Barnyard Bingo
- 7 Ice Cream Social
- 8Ladies Guild Meeting
- 16 ...CAP Meeting
- 17 ...Barnyard Bingo
- 18 ...Men's Club Meeting
- 20 ...Community Breakfast
- 20 ...Potluck Dinner
- 20 ...Movie Night

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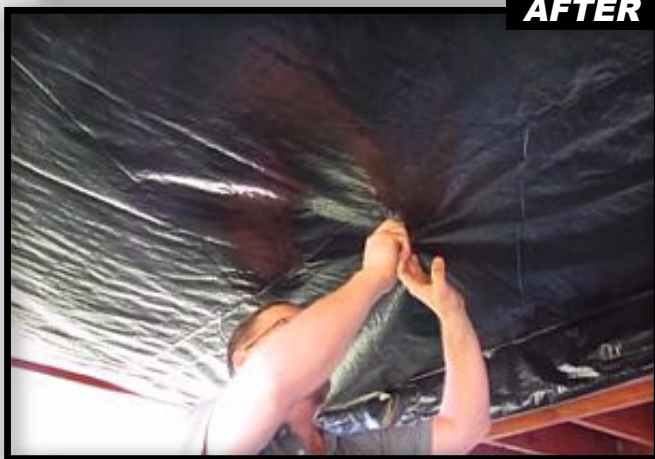
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TWIN PALMS HOA

President.....	Kelly Lewis
Vice President.....	Phil Huber
Secretary	Gary Baker*
Treasurer	Karen Vreeland
Director	Bob Blondell*
Director	Debbie Teller
Director	Mark Urbin*
Director	Lisa Lewis
Director	Ray Hatch
(*full-time resident board member)	



TWINS PALMS HOMEOWNERS ASSOCIATION, INC.

MISSION STATEMENT

To promote, provide & encourage healthy, beneficial, & enjoyable living conditions for the benefit of all residents.

Social Activities:	Promote social activities, Bingo, dinners, games, educational events, entertainment events and good fellowship for all residents.
Support Groups:	Cooperate and support the Federation of Manufactured Home Owners of Florida, Inc. (FMO) and Lakeland Interpark Council (LIC) for the benefit of all residents.
Park Facilities:	Promote and encourage the proper care of all facilities in the Park by all residents.
Rules and Regulations:	Establish reasonable rules and/or regulations for all activities in the best interest of all residents, and such rules are not to conflict with those of the Park management.
Problem Resolution:	Promote cooperation between residents and Park management where differences arise and seek agreed resolution; represent residents to seek proper resolution.

TWIN PALMS STREET CAPTAINS 2025

Street	Captain Name	Phone	Co-Captain Name	Phone
Boyd St.....	Gloria Haney.....	616-446-0955	Diane Richer.....	289-512-9437
Duane Pl.....	Phil Huber	906-369-2003		
Jay Ave.....	Brenda Ross	248-515-2010	Rosemary Hatch.....	518-466-8667
Jeff St.	Mark Friedrich.....	585-794-1225	Steven Lung	330-949-1830
Joyce Pl.....	Helen Biggie	716-261-5111	Janet Poyer	419-366-7929
Kelly Dr.	Terrie Shirkey.....	740-497-8480		
Royce St.....	Chip Foster	863-799-5922	John Zona.....	315-715-4292
Stephens St.....	Debbie Arnold	813-720-5468		
Violet Ln.....	Kathy Majewski.....	574-292-1569	Betty Jo Olmsted	315-447-4621

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TWIN PALMS COMMUNITY ACTIVITIES CLUB

Summer marches on, but we still have activities! In fact, Doug French started a new Yoga/Tai Chi Class on August 18. See the article on page 5 for more details!

A great time was also had at the Pool/Pizza party, Community Breakfast and Potluck. Thanks to everyone that helped out!

Mark Friedrich, Activities Club Chair, (585) 794-1225
Linda Lamanna, Summer Co-Chair, (315) 985-0435



2025 ACTIVITY CLUB CHAIRS

For questions about our activity groups, please contact the people below regarding the activity group you are interested in.

	Chair	Co-Chair
Ladies Guild	Helen Biggie	Linda Lamanna
Activities	Mark Friedrich	Rosemary Hatch
Shuffle	Tom Sawyer	Ray Hatch
Men's Club	Ed Olmstead	Mike Poyer
Arts & Crafts	Kelly Lewis	
Pickleball	Debbie Teller	
Golf	Tom O'Connor	



Twin Palms Community Activities Summary

(Scheduled times are listed on the Clubhouse and Newsletter calendars)

Weekly	Monthly	Annual Activities change year-to-year, but include:
Arts/Crafts Bingo Bible Study Cards (Pepper, Euchre, Poker) Chair Yoga Community Coffee Hour Men's Darts Game Night Golf* Library open daily Pickleball* Shuffleboard* Water Aerobics	Barnyard Bingo Book Club Community Breakfast Ice Cream Social Movie Night Potluck Dinner Veteran's Group Meeting	Bazaar Special dances Social events Art festival Entertainment Yard Sales (2)

**Please note, there are no scheduled outdoor sports activities from May through October due to the extreme weather. However, all facilities are still available for individual use.*

Do you have ideas for new activities or events? Do you have a talent for dancing, cooking, writing, crafting, etc. that you would like to share? We would love to hear about it! Contact one of the Community Activity Chairs, Mark Friedrich or Rosemary Hatch.

NEW YOGA/TAI CHI CLASS

This will be a holistic health class rooted in the practices of Yoga and Tai Chi (a Chinese Martial Art) and supported by Occupational Therapy and Physical Therapy concepts. It covers a variety of topics including nutrition, eating, breathing, body posture and strengthening, meditation and prayer.

It also focuses on many of the challenges we all face with aging, including inflammation (including arthritis and plantar fasciitis), food allergies as they pertain to our health, nerve damage and physical trauma, surgery, mental cognitive disorders and the physical challenges of aging; to name a few.

The main purpose of the class is to increase flexibility, balance and promote a greater sense of well-being and a healthy self through exercises, discussion and sharing our own health journeys and challenges.

Doug French will be holding the classes Mondays and Thursdays at 8 a.m. in the Clubhouse, and on Wednesday mornings at 7 a.m. by the Tiki Hut through August. He will then be out of town but will resume classes when he returns. Please wear loose fitting clothes and bring a yoga mat if you have one, or something to stand on barefoot (like a mat or small rug). Also bring a pen and paper to take notes. The class should last about 45 minutes to an hour.

LADIES GUILD

Welcome back to the Ladies Guild! I hope everyone has enjoyed their summer. Our first meeting will be held on Monday, Sept. 8th at 11:00 a.m. following Yoga class. Please remember that ALL ladies in the park are welcome so please pass it along if you have a new neighbor.

I'm excited to start up again.

Helen Biggie
Chairwoman

HOA REPORT

The following is an overview from our last Zoom HOA meeting that was held on Thursday, July 24th after the August newsletter deadline.

- Working on updating signature cards on our accounts with the bank.
- Review of Park rules and regulations, HOA Charter and requirements. This review has been ongoing.
- Information was discussed about park rents and current area rents/costs. This has been and will continue to be an ongoing discussion.
- Review of HOA income and expenses regarding membership dues and insurance cost is being reviewed.
- GLIC and FMO will be starting their monthly meetings back up in November.
- Welcome Baskets continue to be delivered to new residents.
- Reported about 30 attending Barnyard Bingo
- Wednesday morning resident meetings have had 20-25 people attending each week.
- Making contact with the FMO regarding replacement tie-down certificates.
- Questions were raised concerning how the money provided to us by the park owners is reported. The treasurer was unable to attend this meeting, so it was tabled until the August meeting.

Our next zoom meeting will be held August 21st, after the deadline for the September newsletter. The information will be reported in the October newsletter and on Facebook within two weeks of meeting.

The HOA is striving to improve communications with residents. I can't emphasize enough that we appreciate any questions and feedback you can give us.

If you have feedback, suggestions or questions, please let us know. You can contact an HOA member directly via phone call, text or email. You can also submit your information by writing/typing it out and dropping it in the HOA Box which is under the HOA case in the park office lobby area.

Debbie Teller

CITIZENS ASSISTED PATROL (CAP)

The Citizens Assisted Patrol (CAP) program works with the Polk County Sheriff Department to patrol our park to help keep us all safe and protected. We are always looking for additional volunteers and are very flexible. Please see any CAP member for additional information if you are interested in becoming one of our team, or stop by our monthly meeting.

Please make sure your house number is displayed on both sides of your mailbox as well as on the street side of your home.

As a reminder, we all can help keep our park safe. If you see something that looks suspicious, please say something or call 911. Please remember never to approach anyone, as your personal safety is much more important than property. If possible, pictures can be helpful to provide details of situations you might encounter.

Tracey Howard
CAP Program



MANAGER'S CORNER

Wishing all a safe and happy Labor Day!!

PETS – PLEASE CLEAN UP

Just a reminder to pet/animal owners that your pet is not to be tied out to anything outside of your home, the lot or anywhere in the community at any time.

There are still issues with many pet owners not picking up the poop from their lot area. It is to be removed and disposed of immediately to keep area clean, fresh and pleasing for those who live around you.

Cats are to be indoors and not left to roam outside. We have set traps and will be removing any cat that is caught. If there is a collar, Animal Control may reach out to you but this is not guaranteed.

LAWNS

Flat edging along the road edge is required for all lawns. If your lawn contractor or you are not currently flat edging along the roadside and sidewalk areas, please ensure you do. This keeps the lot looking pristine and the grass from growing onto the road.

Also, please blow the grass back onto your own lot or driveway for pickup instead of leaving or blowing it out to the road.

HOME SALES

Pending through 08/18/2025

None

SOLD & CLOSED through 08/18/2025

64 Violet, 122 Joyce, 129 Joyce, 191

Farewell to the following residents:

Doug & Darlene Hahn

Moves within the park:

None

Be blessed, smile and celebrate each day!!

Linda Maxwell

Community Manager

Preparing for a Hurricane

Focus on securing your home, building an emergency kit, and developing an evacuation plan. This includes securing outdoor items, protecting windows, stocking supplies, and knowing your evacuation routes. Stay informed about hurricane warnings and follow instructions from local officials.



1. Secure Your Home:

Protect Windows: Consider storm shutters or pre-cut plywood.

Secure Outdoor Items: Anchor or bring in lawn furniture, trash cans, and other items that could be picked up by strong winds.

Trim Trees: Remove or trim trees that could fall on your home.

Prepare for Flooding: Clean out drains, gutters, and downspouts, and consider installing a sump

4. Stay Informed:

Monitor Weather Updates: Listen to local weather broadcasts or check online for hurricane warnings and alerts.

Follow Official Instructions: Heed any instructions from local officials and emergency management agencies.

Know Your Zone: Determine if you live in a hurricane evacuation zone.

2. Build an Emergency Kit:

Essential Supplies: Include water (at least one gallon per person per day for several days), non-perishable food, first aid kit, flashlight, extra batteries, and a battery-powered or hand-crank radio.

Other Important Items: Consider adding a whistle, dust mask, local maps, and manual can opener.

Medications: Pack any necessary medications.

Pet Supplies: Include food, water, and other essentials for your pets.

5. During the Hurricane:

Stay Indoors: Stay inside your home and away from windows.

Avoid Low-Lying Areas: Stay away from areas prone to flooding.

If Evacuating: Leave mobile homes and other structures at risk, and go to a shelter.

Help Others: Assist neighbors or others who may need help evacuating

3. Develop an Evacuation Plan:

Identify Routes: Know your evacuation routes and designated shelters.

Practice with Family: Discuss the plan with your family and practice evacuation routes and meeting points.

Be Ready to Evacuate: Have your emergency kit, medication, and pet supplies readily available.

Evacuate Immediately: If ordered to evacuate, do so promptly.

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National Night Out

National Night Out is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie. Twin Palms hosted this event on August 5, 2025.

I took the opportunity to ask 14 of our visitors this question: ***“What is the one thing you wish more residents knew about your role in the police department?”*** See below for their answers.



Sam Taylor (Chief of Police)

I wish everyone could understand how much our officers care about the community and the citizens.

Michael Lewis (Captain)

You can compare my job to a basketball coach. My job is to make sure the ball goes in the basket, but I can never touch the ball. .



Doug Brown (Captain)

I'm over the Uniform Patrol Division. These are the folks that show up when you call 911. I coordinate the division, make sure everyone has a job and that they do it. I'm their cheerleader and coach. Community safety is important to us, and customer service is #1. I'm also the emergency coordinator, and would be the one to call during a disaster if you have a problem to solve. I joined law enforcement because I wanted to serve the community.

Justin Conatser (Lieutenant)

I'm in charge of hiring. We are the top-tier agency in the State (my opinion), and we need the best people. If you know any quality candidates, they can sign up at Joinlakelandpd.com.



Brian Wallace (Lieutenant, detective):

I wish they knew we are just people like they are, with a sense of humor!

Sean Finley (Sargeant)

I have a multi-dimensional job. I run the K-9 unit, and a small city at FL Southern and I'm President of a State Association where I wear a lot of hats. By the way, my dog is Dean (because he is Dean of students at FL Southern).



SRO Christa Patterson (School Liaison Officer)

I make connections with the kids in the community so we can identify potential juveniles. We also build rapport with the youth in the community. We like to be pro-active not reactive.

National Night Out-cont'd**Guy LaLonde (City Commissioner)**

I want to serve our citizens. I know people get frustrated when they can't get something done and things go slow. We get frustrated also. Sometimes I can help people out by getting them connected to the right people. (863-834-6005)

Waukesha Phidd (Recruiting Officer):

We have to maintain a very high standard for the people we hire because we want to make sure our officers are going home safe to their loved ones at the end of the day. We want to make sure new hires have high integrity and morals.

**Macson McGuirk (Neighborhood Liaison Officer)**

I would like residents to know they can contact my department anytime, even if their problem is with neighbor, property, etc. It doesn't have to be a criminal issue. We can address those problems.

Xavier Melton (Police Officer)

I wish people knew the volume of calls we get. If a call is not an emergency, it could take longer to get there because all emergency calls get handled first. .

**Teddy Cuello (Police officer)**

We're information driven. If no one calls us about a problem, we don't know to go there and fix it.

Chance Shower (Explorer)

I'm a part of a youth program the Lakeland police department does that helps teens get their foot in the door to a law enforcement career. We go over the basics of law enforcement.

**Kasey Walker (Explorer)**

I'm learning about the training that goes into law enforcement and the mental challenges they face.

Thanks to all who came to support our local law enforcement! I was able to interview 14, but there was such a huge turnout this year I was not able to interview them all.

Brenda Ross, Twin Palms Times Editor

ACTIVITIES BOARD

Check the calendar at the clubhouse or watch the TP Mobile Home Owners Facebook page for changes to the schedule

MEN'S CLUB

Men's Club meeting :

Thursday, September 18 @ 9 a.m.

Community Breakfast:

Saturday, September 20, 8:00 a.m. – 9:30 a.m.

Mike Poyer–Men's Club Chair

Ed Olmsted–Men's Club Co-Chair



BARNYARD BINGO

Doors open at 5:30 p.m.

Barnyard Bingo starts at 6:00 p.m.

Held on the 1st and 3rd Wednesdays
during summer



MOVIE NIGHT!

Movie night will be

Saturday, September 20 at 7 p.m.



VETERAN'S MEETING

The Veteran's group meets the first
Monday of each month at 1 p.m. in the
clubhouse.



CHAIR YOGA

Monday and Thursday mornings at 10 a.m.
in the Clubhouse



CARD NIGHTS

Pepper on Tuesdays and Thursdays

Euchre on Wednesdays

6:30 p.m.



WATER AEROBICS

Tuesday and Friday mornings at
10 a.m. at the pool



POKER NIGHT!

Fridays 6:30 p.m.

Everyone Welcome



GAME NIGHT

Every Sunday at 6:30 p.m. in the
library.



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90 VIOLET LANE, 1 BED/1 BATH, \$3,900.00
153 JOYCE PL., 2 BED/2 BATH, \$13,500.00
229 ROYCE ST., 2 BED/2 BATH, \$29,900.00

DOUBLEWIDES

51 KELLY DR., 2 BED/2 BATH, \$44,900.00
105 BOYD ST., 2 BED/2 BATH, \$49,500.00
110 BOYD ST., 3 BED/2 BATH, \$59,900.00
125 JOYCE PL., 2 BED/2 BATH, \$54,900.00
155 JOYCE PL., 2 BED/1-1/2 BATH, \$34,900.00
167 JEFF ST., 2 BED/2 BATH, \$40,000.00
197 DUANE PL., 2 BED/2 BATH, \$49,995.00
210 JAY AVE., 2 BED/2 BATH, \$25,000.00

NEIGHBOR SPOTLIGHT

Let's get to know Grace McClintock!

Address: 227 Royce St.

Age: 74

Snowbird or Full-time: Full-time

Snowbird location: New Jersey

Number of years/seasons at Twin Palms: 3 1/2

Family members: One daughter and one grandchild

Career highlights: Disney World 30 1/2 years

Hobbies: Old movies and reading

What do you enjoy about Twin Palms? Meeting nice people.

Anything else you would like to say about yourself?

Enjoy Ladies Luncheons.



SUNSHINE REPORT

JULY 18 – AUGUST 17

Mark Branyen: Passed away

God Bless,
Janet Sawyer



NOOK OF THE PALMS BOOK CLUB

Nook Book Club September 2025 (ready or not!)

Hiatus is ongoing for our Book Club, so here is a bit of poetry to let everyone know that we are still here and pursuing our literary interests. Isn't most everyone familiar with the saying "No man is an Island?" With my memory, if I ever read or knew the whole poem, it's lost in the fog of time. But speaking of fog of time; it was written by English cleric and author John Donne, in 1624...he was pondering the interconnectedness of humanity, which is still something that is worthy of consideration and pondering in today's world.

No man is an Island

Entire of itself

Everyman is a piece of the continent

A part of the main

If a clod be washed away by the sea

Europe is the less

As well as if a promontory were

As well as if a manor of thy friend's

Or of thine own were:

Any man's death diminishes me,

Because I am involved in mankind,

And therefore never send to know for whom the
bell tolls;

It tolls for thee.

John Donne – 1624

(This comes from "**Meditation XVII**" by **John Donne**, written in 1624. It's not technically a standalone poem, but part of his prose work "Devotions upon Emergent Occasions.")



Well, obviously seventeenth century England didn't lend to cheerful poetry or sermons, did it? (One article suggested that this was part of a sermon.) He did have a very intense subject, so there is no light way to go about it, I guess. And often answers don't come to us happy. I wanted to know a bit about No Man Is an Island. Now I know, and so do you. And we know the For Whom the Bells Toll (also adapted as the title of a Hemingway novel, if you want to know more.)

Well wishes to Linda Halifax who has been having health struggles this summer. Be better soon!

Info thanks to our friendly neighborhood Google.

It looks like we may be meeting in October to give our opinions on Midnight in the Garden of Good and Evil...picking up where we left off in the spring. Meeting place will probably be determined by the weather, but let's hope by then we will be able to meet under the Tiki Hut on the First Friday of the Month at 2 p.m.

Margaret - Nook of the Palms

Schedule for Coffee Hour and Potlucks 2024-2025

November 2024/Thanksgiving.....	Duane/Jay/Royce
December 2024/Christmas.....	Kelly Dr.
January 2025.....	Stephens Ave.
February 2025.....	Violet Lane
March 2025.....	Jeff St.
April 2025.....	Joyce Pl.

Summer..... Volunteers

November 2025..... Boyd St.

See Rosemary Hatch regarding reimbursements for these events.

Contact your street captain if you have questions about volunteering.



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GROW YOUR GARDEN FLORIDA STYLE

September marks a turning point in Florida's gardening calendar. As the intense summer heat begins to ease, Zone 9b gardeners can enjoy one of the most productive planting windows of the year. With both warm-season and cool-season crops thriving, it's a great time to refresh your garden beds and prepare for a bountiful fall.

What to Plant

In Zone 9b, September allows for a diverse mix of vegetables. You can sow seeds directly or transplant seedlings for a head start.

Warm-Season Crops: Bush beans, Cucumbers, Summer squash, Eggplant, Peppers, Tomatoes

Cool-Season Crops: Beets, Broccoli, Brussels sprouts, Cabbage, Carrots, Cauliflower, Celery, Chinese cabbage, Kale, Lettuce, Mustard greens, Bunching onions, Radishes, Spinach, Swiss chard, Turnips, Winter squash.

Starting tomato, pepper, and eggplant seedlings indoors earlier in the season can extend your harvest window before winter's chill arrives.

Happy gardening!

Brenda Ross, Newsletter Editor

NEWSLETTER DEADLINE

The October Newsletter Submissions deadline is no later than Tuesday, September 16.

- Email: send all newsletter submissions to TwinPalmsNewsletter@icloud.com.
- Articles: You may copy and paste your text into the email or send it to me in a Microsoft Word document as an attachment.
- Photos: send original, high-resolution photos of the best quality. Try to include details such as names of the people in the photo, the event name, the club's name, etc.



- Contact: Brenda Ross if you need help with the techie stuff!
- Newsletters online: The newsletter is available online for viewing and/or printing. It is posted between the 1st and 3rd of the month. You can view your current or back issues by going to www.4communitymedia.com and clicking on Newsletters in the upper right corner of the page.

Thank you so much!

NOTE FROM THE EDITOR

I appreciate all the positive feedback on the changes I have made to the newsletter. It has been a labor of love, and I've enjoyed finding new ways to showcase our community and keep you informed.

Please note, all comments regarding the newsletter should be addressed directly to me at TwinPalmsNewsletter@icloud.com. Please remember this is a volunteer position and I do this in my spare time. Let me know (kindly) if I forget something or if there is a mistake so I can see what can be done to correct it.

Also, please note that I am given a limited amount of space, so if you don't see something you expected, it may have had to be condensed, removed or delayed to a future issue. For those submitting articles, please keep them to a reasonable length, especially between October and May when this park is hopping and there is a lot to squeeze in!

Brenda Ross

Twin Palms Times Editor





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Community Breakfast



Pool Party



Looking Back

Can you guess the events?



Twin Palms Events & Activities

National Sewing Month

September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Regular Weekly Activities						
6:30 PM: Game Night ①	10 AM: Chair Yoga	10 AM: Water Aerobics 6:30 PM: Cards–Pepper 6:30 PM: Bible Study ①	8:30 AM: Coffee & Donuts 9 AM: Community Mtg. 2 PM: Brew Hub 6:30 PM: Cards–Euchre	10 AM: Chair Yoga 6:30 PM: Cards–Pepper 6:30 PM: Men's Darts ①	10 AM: Water Aerobics 6:30 PM: Poker	
Reminder! No Garbage pickup tomorrow.	1 PM: Veteran's Meeting Labor Day	Garbage pickup today!	6 PM: Barnyard Bingo (doors open at 5:30 pm)	4	5	6
1 PM: Ice Cream Social Grandparent's Day	8 11 AM: Ladies Guild Star Trek Day	9 Teddy Bear day	10 Swap Ideas Day	11 911 Remembrance	12 National Day of Encouragement	13 Read a Book Day
14 International Crab Fest Day	15	16 1 PM: CAP Meeting Mayflower Day Newsletter Submission Deadline	17 6 PM: Barnyard Bingo (doors open at 5:30 pm) Constitution Day	18 9 AM: Men's Club Mtg National Cheeseburger Day	19 National Dance Day	20 8:00-9:30 AM: Community Breakfast 5 PM: Potluck Dinner 7 PM: Movie Night
21 World Gratitude Day	22	23	24 National Punctuation Day	25 National Quesadilla Day	26 Native American Day	27 Breakfast in Bed Day
28 National Good Neighbor Day	29 Confucius Day	30				

Location Key:

- ① Library
- ② Off-Site
- ③ Pickleball Court
- ④ Shuffleboard Court
- ⑤ Tiki Hut

Want to learn more? Contact:

Tom Sawyer for Shuffling
Mike Weston for Pepper & Euchre
Mark Friedrich for Pickleball

All Activities are in the Clubhouse unless otherwise noted



Schedule changes will be posted on the calendar in the Clubhouse.

Contact Mark Friedrich (585-794-1225)
or Linda Lamanna (315-985-0435)
to make schedule changes.

HURRICANE Updates and Shelter Info:
polk-county.net/public-safety-and-lakelandgov.net/hurricane

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SCAM ALERT

facebook.com/help

Tips for Avoiding Facebook Scams

- 1. Secure your Facebook account with a strong password and two-factor authentication**

Avoid including your name, phone number, email address or common words. Don't reuse your Facebook password on other services online, and never share your password with others.

- 2. Don't accept friend requests from people you don't know**

Scammers may create fake accounts in an attempt to friend and manipulate people.

- 3. Watch out for suspicious links and malicious software**

Be careful not to click on suspicious links, open suspicious files or install malicious apps or browser extensions—even if they appear to come from a friend or a company you know.



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